**Visual Journal Assignment: The Past**

Another one of the purposes and motivations behind the visual journal is to help us acknowledge and celebrate our past. This could be shown in many different ways. It could be an event that happened in your past that you learned something from and has some impact on you today. It could be shown through a celebration of things that made you happy when you were younger. It could be an exploration of your heritage and ancestry or places you have lived. Or it could be a historical event or time period that you are particularly interested in researching and portraying in some way.

Theme: Looking Back

On you journal page or pages (two page spread), explore and celebrate the people, places, things, and events of you past.

Ideas and Questions to consider:

* Is there a significant moment in your past that has impacted you today?
* Where are some of the places that you have lived?
* Where are your ancestors from?
* What is your cultural heritage?
* What are some things that you used to love as a child that made you happy?
* Is there a historical event or period that you are interested in researching and portraying?

**Things to include and incorporate onto your Visual Journal Page:**

1. Imagery associated with the past
   * Photographs, drawings, collage elements
2. Drawing element in the medium of your choice
3. Layering/Exploration/experimentation with materials and or techniques learned
   * Collage
   * Watercolor techniques
   * Watercolor pencil techniques
   * Image transfer – chemical, tape, tracing paper
   * Cut Stencils
   * Other
4. Fodder or other collage element to help show your connection to the past you are portraying, for background, or to enhance aesthetically.
   * Ticket stubs, receipts, pressed flowers, photographs, stickers, flyers, cards, menus, etc. collaged incorporated onto the page
5. Writing about the past you are portraying.