**Visual Journal Assignment: Identity**

One of the main purposes and motivations behind the visual journal is to help us acknowledge our lives and our place in the world. We do this by continually exploring who we are and by constantly including the fodder of our daily existence. It represents who we are, where we have been, and what is important to us.

Theme: Who are you at this place and time?

On you journal page or pages (two page spread), explore who you are at this place and time. What makes you, you?

Ideas and Questions to consider:

* Who are you internally vs externally?
* What are your interests?
* What effect does gender and ideas about gender have on your identity?
* What are your aspirations?
* What are your beliefs and morals?
* What influence does your family, friends, school, church, or other organizations you belong to help define who you are?
* What are the things you do on a daily basis?

**Things to include on your Visual Journal Page:**

1. An image of yourself
	* Selfie – photograph, image transfer, print
	* Drawing – self portrait
2. Some writing or text about your ideas on your identity
	* Poem
	* Lyrics
	* Questions
	* Collaged text, hand written, and/or stenciled
3. Drawing
	* Doodles
	* Geometric shapes
	* Observational drawing
	* Cartoons
4. Exploration/experimentation with materials and or techniques learned
	* Collage
	* Watercolor techniques
	* Watercolor pencil techniques
	* Image transfer
	* Layering of techniques