**Visual Journal Assignment: Family and Friends**

Another one of the purposes and motivations behind the visual journal is to help us acknowledge and celebrate our family and friends. Our families and friends are the people we spend the majority of our time with, they comfort and guide us, and they help shape who we are as people.

Theme: I get by with a little help from my family and friends

On you journal page or pages (two page spread), explore and celebrate those people who you consider your family and friends.

Ideas and Questions to consider:

* How do you define family?
* Who are your closest friends?
* What qualities do you find important in a friend?
* What do you and your friends and/or family do together?
* What interests do you and your friends and/or family share?
* How do you feel when you are around your friends and/or family?

**Things to include and incorporate onto your Visual Journal Page:**

1. Imagery associated with your friends and/or family
   * Image Transfers from a photograph
   * Drawings of a shared interest
   * Collage of things from events that you have attended together
2. Drawing element in the medium of your choice
   * Caricatures of your friends and/or family
   * Geometric shapes/ abstract drawing expressing some feeling about your family
   * Observational drawing of things or symbols associated with your friends or family
   * Drawings of your friends and/or family
3. Layering/Exploration/experimentation with materials and or techniques learned
   * Collage
   * Watercolor techniques
   * Watercolor pencil techniques
   * Image transfer – chemical, tape, tracing paper
   * Other
4. Fodder, physical item, or other collage element to help show your connection to your family and/or friend, for background, or to enhance aesthetically.
   * Ticket stubs, receipts, pressed flowers, photographs, stickers, flyers, cards, menus, etc. collaged incorporated onto the page